



Alina Viktorivna Kudriashova is an assistant at the Department of Theoretical and Practical Psychology, Institute of Law, Psychology and Innovative Education.

General information

Education:

2011-2015 — Lviv Polytechnic National University. Bachelor's degree, field of study: "Practical psychology".

2015-2016 — Lviv Polytechnic National University. Master's degree, field of study: "Education institution management".

Basic courses

Psychology of self-knowledge and self-regulation

Family counselling

Family psychotherapy

Additional education:

Since 2018 — attendee of the Lviv branch of the NGO "Ukrainian Psychotherapy University" in the field of Systemic Family Psychotherapy.

Since 2018 — participant of the five-year project on group psychotherapy "Bukovinian project of group psychotherapy" in the direction of systemic family psychotherapy in the NGO "Ukrainian Union of Psychotherapists".

2022 — "Learn all about Metaphorical Associative Maps" course.

2017-2020 — Course "Propaedeutics of mental disorders".

2017 - 2023 — actively participating in scientific-practical and educational-practical seminars on psychotherapy.

Work experience:

2013 - 2019 — employee, coordinator of volunteer service Helpline - 1558 of the Stavropigion Charitable Foundation (provides psychological support in crisis situations).

2016 - 2019 – the involved psychologist in the Lviv City Center of Social Services for Family, Children and Youth.

2017 - Present — manager of the NGO "Ukrainian Umbrella Association of Psychotherapy" (UUAP).

2018 - Present — a telephone counselling trainer within the Helpline - 1558 of the Stavropigion Charitable Foundation.

2018 - Present — the Head of the Lviv branch of the NGO "Ukrainian Psychotherapy University" (UPU).

2022 - Present — coordinator of the Ukrainian Union of Psychotherapists Advisory.

2022 - Present — an assistant at the Department of Theoretical and Practical Psychology at Lviv Polytechnic University.

2022 - Present — a psychologist at the Charitable Organization "ROKADA Charitable Foundation".

Participation in conferences and seminars

- XXIII All-Ukrainian Annual Conference of the Ukrainian Union of Psychotherapists "Psychotherapy in a rapidly changing world".; June 23-25, 2017, Dnipro;
- XXIV Scientific and practical conference of the Ukrainian Union of Psychotherapists with international participation "Current issues of psychotherapy and psychology" June 29-30 - July 1, 2018, Chernivtsi;
- XXV All-Ukrainian Annual Conference of the Ukrainian Union of Psychotherapists "Psychotherapy and Freedom" June 28-30, 2019, Ternopil;
- XXVI Scientific and practical conference of the Ukrainian Union of Psychotherapists "Psychotherapy online?" June 7-8, 2020, Zoom platform;
- XXVII Scientific and practical conference of the Ukrainian Union of Psychotherapists "Between fear and meaning. Lessons from the pandemic. Psychotherapy 2021 - on the edge of reality" June 5-6, 2021, Zoom platform;

- XXVIII Scientific and Practical Conference of the Ukrainian Union of Psychotherapists "Psychotherapist and War: Meeting on the Edge of Realities" June 18-19, 2022, Zoom platform.
- Seminar "Language, life practice and stage understanding" - psychoanalytic theater orchestra" October 28, 2020;
- Seminar "Working with families from the point of view of attachment theory" May 25, 2020;
- Seminar "The power of non-verbal impulses in psychotherapy" June 15, 2020;
- Seminar "Betrayal as a symptom of a couple relationship" September 29, 2020;
- Seminar "S. Minukhin's contribution to the scientific progress of SSP: peculiarities of a psychotherapist's holistic view of the family" October 30, 2020;
- Seminar "Systematic approach to group dynamics in psychotherapeutic groups" November 24, 2020;
- Seminar "Narrative approach in couples psychotherapy" February 18, 2021;
- Seminar "Open the door to a family with a child with a disability. Myths and reality" March 25, 2021;
- Seminar "Psychotherapeutic Consilium" on February 5, 2022; February 5, 2023

Membership in professional associations

Member of the NGO "Ukrainian Union of Psychotherapists" (USP) since 2022.